

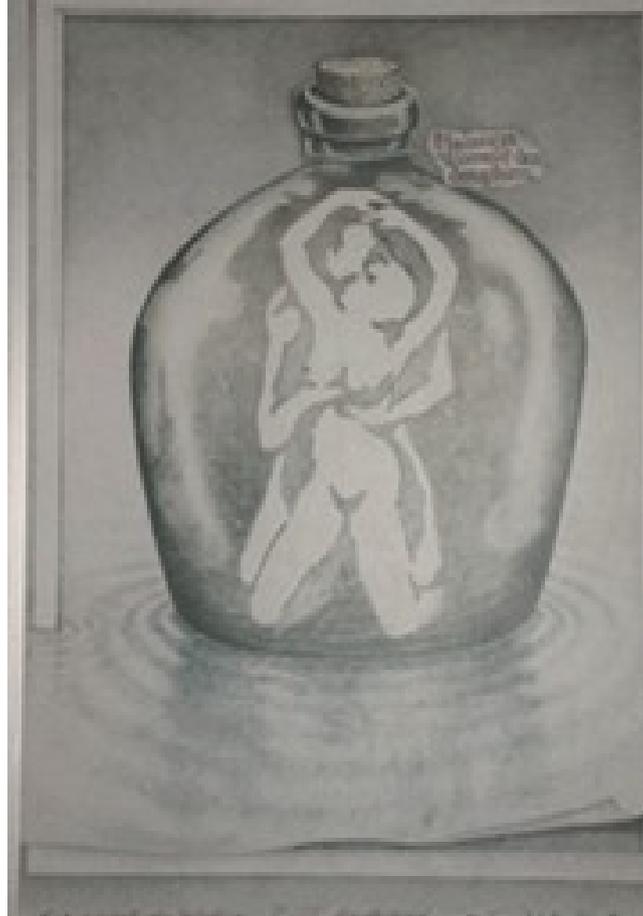
God, Love, Sex: Quantumly Entangled Experience

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What do you perceive?



<http://www.quantumperception.net/html/illusions.htm>

Given HERE, We are HERE

How is it that
given some 7.3 Billion Earthlings
this select group is HERE
in this room?

Personal Decision? Chance Accident?
Pre-ordained Consequence?

Bohm: What is our Reality?

Reality is what we take to be true.

What we take to be true is what we believe.

What we believe is based upon our perceptions.

What we perceive depends upon for what we look.

What we look for depends on what we think.

What we think depends on what we perceive.

What we perceive determines what we believe.

What we believe determines what we take to be true.

What we take to be true is our reality. (p. 121.)

Belief

There is a lie in every belief.

Experience now that lie.

Belief Location 1

Where is that lie?

BELIEF

The lie was there all along

Now, where is the *lie* was all along?

Area 17 of the Brain

Given protocols of perception,
the picture of BELIEF
you created in your brain.

Beauty – as all things –
is
in the eye of the beholder.

Fantasy

Therefore, being in the head,
BELIEF is but a fantasy,
giving the illusion that *it*
(whatever the *it* may be)
is OUT there
when *it* really
is IN here.

Accident in Identity Matrix

Therefore, the person standing here
on this podium,
is not the person with whom you are relating.

Being truly in your head,
as your own created image/perception,
the person standing here is nothing more
than your creation,
an accident in your identity matrix.

(Thanks for collapsing the wave so I am here.)

CREATION

You are making me up!

In effect,

you are creating me!

to your own image and likeness

are you not?

How?

How does one create?

-lovers?

-money?

-friends?

-everything else?

Entanglement 1

Other conference sections will discuss the intricacies of Quantum Entanglement. Let us summarize by simply remarking:

Quantum reality is an equation called a wave function.

This wave function reflects all the potential ways a system can evolve.

Until one measures the system, a particle exists in its multitude of locations.

Entanglement 2

At the time of measurement,
the particle has to choose just a single spot.

At that point,
probability narrows to a single outcome.

The wave function “collapses,”
sending ripples of certainty through space-time.

Entanglement 3

Imposing certainty on one particle could alter the characteristics of any others it has been connected with, even if those particles are now light-years away.

This process of influence at a distance is called **entanglement**.

The Fantasy

By attending to what we believe to be the case,
we collapse a wave and manifest.

We create it.

Beauty is in the eye of the beholder.

There is no there there (ala Gertrude Stein)

Belief - Awareness

Belief is just metaphor— at best —
for electro-chemical energy transfers in the brain.

Being **aware** that we are our own creator
of our actual creation
as well as of our beliefs,
we change the output.

Whatever I have in my life right now
is just what I want.

Whatever I do not have in my life right now
is just what I want.

Awareness - Consciousness

Awareness and consciousness are distinct.

Awareness / Consciousness

Consciousness is COGNITIVE.

It depends upon the proper working of the brain.

Awareness is Awareness.

One is aware even when not aware.

A demented, consciously impaired/challenged human is aware that such is the case.

Awareness does not age. Consciousness ages.

Awareness

Empty Living Field

Letting it be. *FIAT!*

I Know

No Subject/Object

Nondual

Absolute

Apperception

Consciousness

Field of Experience

Causes it to be.

I know that I know

Subject/Object

Duality

Relative

Perception

Aware Brain

We are aware
through the medium of the energy field
we label **brain ...**

and so we may be Conscious.

Awareness/Consciousness

One can be conscious and be unaware.

One can be aware and be unconscious.

When you get the result (lover, money, job)
...are you unconscious of how this happened?

...are you conscious of how this happened?

...are you aware of how this happened?

are you consciously aware of how this happened?

What happened?

One way or another ...

You collapsed the wave.

Where in your brain did you do this?

Reptilian Brain: does not consider consequences

Paleomammalian Brain: considers consequences
w/out logic and w/ **ONLY** emotion.

Store house of beliefs, the Decision Maker

Neomammalian Brain: considers consequences
with logic, justifies decisions (rationalizations)

How - Wave Collapse?

More often than not
we unconsciously collapsed the wave
via our **Paleomammalian Brain**,
the storehouse of our beliefs.

Brain-Mind

Remember, our brain is not who we are.
It only executes thoughts and commands.

Via our mind we create
conscious and unconscious thoughts
based upon
our conscious and unconscious beliefs.

Brain-Mind-Consciousness

BE AWARE

Until we take full and absolute responsibility
i.e., take conscious, deliberate control
of & for our belief systems regarding
brain, mind, consciousness,
and awareness itself,
we do not get the results we want and
the results we do get are a hodge podge of
consequences of relative merit.

Material Reality -1

Remember that all subatomic particles exist
in a state of pure potential
until attention is placed on them.

So-called material reality
is created solely
in context of each individual.

Material Reality -2

Hence, it is only my expectation
that commands the unformed field of energy
to come to be
into concrete distinct material objects

My expectations issue forth from belief.

The Result

Whatever I have now is just what I want.

Whatever I do not have now is just what I want.

I have it because
either consciously or unconsciously
I believed it so
and so it is.

Core Beliefs

THE BOTTOM LINE

There are only two:

NEGATIVE or POSITIVE

and are either

EXPLICIT or IMPLICIT
(Conscious or Unconscious)

NEGATIVE Core Beliefs

NEGATIVE:

I CAN'T have ..

I CAN'T be ...

I CAN'T want ...

NEGATIVE:

I MAY have ... BUT I ...

I MAY be ... BUT I

I MAY want ...BUT I ...

SIDE BAR – I Can't

Linguistically, *I can't* means

I DON'T WANT TO

Because ...

Because ...

Because ... (I am afraid to ...)

(And there are some things I as a human being just *cannot* do given my current (societal) belief systems, *e.g.* like rearrange my atomic structure to walk through a lead wall as I know it ... which may just be a limitation set by **FEAR.**)

SIDE BAR – I can't

I can handle it!

(Remember: **FEAR** is only a symptom of the belief ***I cannot handle it.***)

When everything is said and done, do you sincerely, authentically believe that you can handle any life event no matter what it is?

POSITIVE Core Beliefs

The person who has cannot want.

The person who wants cannot have.

Therefore, just have it BE IT!

I AM IT – the lover, the money, the job, etc.

I AM WHAT I HAVE.

I AM WHAT I DO NOT HAVE.

*(Be careful of what you pray for,
you just might get it!)*

Quantum Entanglement

Be what which you are.

This is that.

I am That.

N.B. -1

Beliefs are nothing more
and nothing less
than neurologically embedded
conditioned habit patterns of behavior.

Through self-conditioning,
I repeated the belief
such that I grew the synapses
that became my core beliefs.

N.B. -2

I ultimately allowed myself
to believe whatever it is I believe
consciously or unconsciously
explicitly or impliedly
regardless
of nature/nurture discussion/drama,
I am responsible.

Erotic

What is the greatest of all sex organs?

The Brain.

Via the brain we can eroticize
anything and anyone.

How is X Eroticized

Are we conscious
that we are making X
an obscure object of desire?

Are we aware
that we are making X
an obscure object of desire.

It depends.

How is X Eroticized

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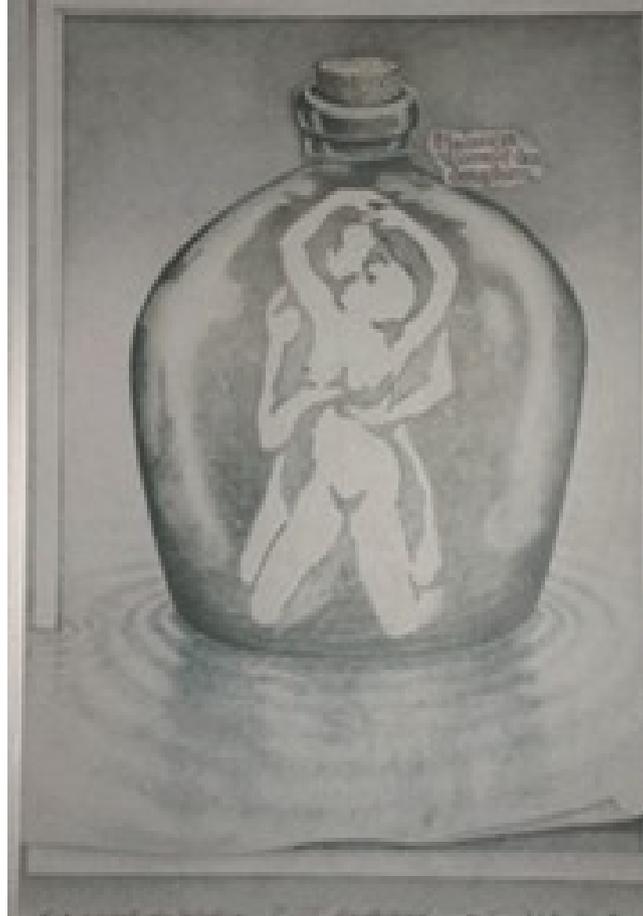
Are we aware
that we are making X
an obscure object of desire.

It depends.

Training -1

It depends upon how we have trained ourselves to be conscious of what we believe internally about thoughts, feelings, emotions and externally about people, places, things, events.

What do you perceive?



<http://www.quantumperception.net/html/illusions.htm>

Children or Dolphins?

What do you see?

Research has shown that young children cannot identify the intimate couple because they do not have prior memory associated with such a scenario.

Children see **nine** dolphins!

Training -2

How we train ourselves

– build synapses -
predicates on

how we let ourselves be aware

that we are aware

even when we are not aware,

like it or not.

Conditioned Habit Patterns -1

For some folk,
the program
is running their lives.
These folk are not aware
that they are aware
much less conscious
that they are conscious.

Conditioned Habit Patterns -2

Other folk,
they are running the program.

These folk are aware
that they are aware
and conscious
that they are conscious

Either instance is habitual.

Habit

What we do (act, think, feel, emote) is a habit.

Notes of a Habit:

CUE – ROUTINE – REWARD

Habit-Belief

Change the routine, change the habit.

The cue and reward generally remain the same.

The reward modifies as the routine implies.

Underlying the habit is a BELIEF

Change the belief, modifies the HABIT.

Autonomic Nervous System

Sympathetic

Parasympathetic

Active

Relaxed

If in a DICONNECTED State,

i.e., not getting what we want,

i.e., getting what we do not want,

then bring the ANS into balance.

HOW? **BREATHE.**

Intentionally let come to be that what you want.

Realize moment-by-moment that everything you

have right now is exactly what you want.

Neurocardiology -1

Our beating heart sends (electro magnetic) info. to brain which distributes info. to rest of body.

The heart has it's own brain which allows for heart transplants.

Our hearts are the center of our physical being.

Neurocardiology -2

Consciously breathing
while envisioning a pleasant experience
balances

ANS: Sympathetic and Parasympathetic
balances and we are composed
(and not necessarily relaxed).

Neurocardiology - 3

Coherence:

Physiology		Heart
Hormonal Sys	SYNCS	Mind
Immune Sys		Emotions
Nervous Sys		

Neurocardiology - 4

The greater the degree of

COHERENCE

The greater the degree of

COMPOSURE.

Neurocardiology -5

When composed,
we are **responsive**
to our thoughts feelings, emotions,
to people, places, things, events
rather than **reactive**
and, hence, more **RESILIENT.**

Neurocardiology -6

The greater the degree of

RESILIENCE

The more able we are to bounce back

In the face of any adversity.

How to have what you want:

Compose

Yogic Breath in 5, out 5 & Envision + state

Acknowledge

what I now have that I do not want.

Accept

what I now have is exactly what I want.

Affirm

that I am making it up.

Let it go. *Fiat!*

Analog Function

A belief, concept, thought, etc. are metaphors for synaptic activity.

We learn by either direct experience or by analogy.

.

Analog Function: Balloon

Envision a balloon with a color of your choice.

Envision the balloon filled with air.

Envision the explicit belief as a spark.

Envision that spark in the balloon.

Thank the spark for being your creation.

Envision a very sharp pin.

Breath in (sympathetic)

Breath out (parasympathic) WHILE

Pricking the balloon with the pin.

POOF!!! The spark has returned

to the spacial emptiness

from which it emerged.

Analog Function: Secrete Box -1

**When an explicit belief is not obvious,
the belief is IMPLICIT.**

Envision a lead filing box.

Envision its label: ***Implied Beliefs.***

Bring into awareness what which you don't want.

Acknowledge: *I have no idea of what the belief is
that generates what I do not want.*

Open the lead box and
take out the sealed envelope containing the belief.
Do not open the envelope.

Analog Function: Secrete Box -2

Acknowledge: I implicitly created that belief.

Thank the belief for it serving you in some way.

Envision a vaporizer with an envelope slot.

Place the envelope in the vaporizer.

Clap your hands letting the belief return

to the emptiness of the space

from within in which it emerged.

And **Poof!** It is gone.

Tibetan Lama Tulku's Way -1

“Working with thoughts by opening them as they arise can bring many pleasant feelings, which — without attachment — also become our meditation...

We can even go into the thoughts that judge other thoughts, and, embracing this judging mind, become united with it.

Tibetan Lama Tulku's Way -2

"By relying on the light of awareness
you can see that the difficulties
you face are manifestations
of your own concepts.

Going deeply into your thoughts,
you will see how you create your experience,
how you alone are the judge
who determines
heaven and hell, good and bad."

Tibetan Lama Tulku's Way -3

"Whatever experience arises,
stay with it, expand it, and heat it up.

If you remain
within the intense core of the experience,
you unite with thoughts and emotions,
and everything dissolves.

Then awareness grows
powerful and one-pointed.

Create Your Own Analogy

Use the Balloon

Use the Secret Box

To get what you want.

OR

CREATE YOUR OWN.

YOU ARE THE CREATOR
of your experience.

Say: **I am the creator.**

What happens?

BONUS: Tips for a Healthy Life

Just for today:

I trust

(rather than worry);

I let go and be peace

(rather than be angry);

I am grateful;

I do my work honestly;

I am kind to every living thing.

Thank You!

Many blessings and

Peace and Joy!

Mind of a Child

www.zenmonks.org

Ten Core Beliefs for a Successful Happy Life -1

Adapted from <http://www.guidetoself.com> John Schinnerer, Ph.D.

I am incredibly important
and matter tremendously
to my friends and acquaintances,
family and strangers.

I MATTER.

When everything is said and done,
do you matter?

Ten Core Beliefs for a Successful Happy Life -2

I am surrounded by those who care.

When everything is said and done,
do are you surrounded by people who care?

Ten Core Beliefs for a Successful Happy Life -3

I do not fail, I just delay success.

When everything is said and done,
can you sincerely say that you always succeed?

Ten Core Beliefs for a Successful Happy Life -4

**Living NOW is a better place to live
than in the past, present, or future.**

When everything is said and done,
do you live NOW
or are you caught in
the past (depressed), future (anxious) or
present (wavering 'ween depression &
anxiety)?

Ten Core Beliefs for a Successful Happy Life -5

I am the HERO in my own story.

When everything is said and done,

Are you the HERO in your own story or are you the victim, rescuer, or persecutor/prosecutor in your story?

Ten Core Beliefs for a Successful Happy Life -6

What I do with my life is entirely up to me.

When everything is said and done,
Do you live your life or is your significant
other, your boss/job, your family, state, or
church essentially living your life?

Ten Core Beliefs for a Successful Happy Life -7

I push outside my comfort zone.
I am comfortable in my discomfort.

I take risks.

I act, perhaps only delaying success.

When everything is said and done,
do you continually let yourself try new
experiences outside of your comfort zone?

Ten Core Beliefs for a Successful Happy Life -8

I always look for the best in people,
remembering
that I always find that for which I look.

When everything is said and done,
do you always find the best in others or
do you enjoy putting others
down or aside for
how they look, speak, act, dress,
carry on, or live their lives?

Ten Core Beliefs for a Successful Happy Life -9

I enjoy the scary fun! of Life
being roller coaster ride it is.

When everything is said and done,
do you enjoy the scary fun of life or
do you bitch and complain
about how this or that is or is not happening
to your liking, demonstrating that you are
somewhat terrified by life's contents?

Dominant Temperament

Given Quantum Reality operating via Itself
4 Chemical Temperaments that DRAW --
thanks to the research of Helen Fisher:

[en.wikipedia.org/wiki/Helen_Fisher_\(anthropologist\)](https://en.wikipedia.org/wiki/Helen_Fisher_(anthropologist))

www.helenfisher.com/downloads/articles/14defining.pdf

www.helenfisher.com/downloads/articles/13JourCompNeur.pdf

www.ncbi.nlm.nih.gov/pmc/articles/PMC1764845/

4 Major Chemical Types: Connected

1. Dopamine/Norepinephrine

Energetic, Explorer, Creative,
Artisan, Adventurous, Engaged w/ others,
Passionate, Optimistic, Risk Taking,
Sensation and Novelty Seeking,
Enrolling, Restless, Idea Generator,
Mental Flexibility

4 Major Chemical Types: Connected

2. Serotonin

Builder, Guardian, Sensible, Traditionalist,
Family-oriented, Proper Conduct, Structured,
Orderly, Precise, Religiosity, Loyalty,
Consensus Building, Community-oriented,
Protective, Modest, Social Rules,
Respect Authority, Stick to Plans & Habits.

4 Major Chemical Types: Connected

3. Testosterone

Director, Rational, Reasoning, Structured,
Experimental, Competitive, Rule-based,
Exacting, Rank-oriented, Status-seeking,
Decisive, Bold, Leading, Analytical.
Demanding of Excellence.

4 Major Chemical Types Connected

4. Estrogen + Oxytocin

Nurturing, Negotiator, Intuitive, Idealistic,
Contextual, Holistic, Emotionally Expressive,
Empathetic, Diplomatic, Big-picture Thinking,
Meaning-making, Networking, Connector,
Social Skills, Language Skills

4 Major Chemical Types: Disconnected

1. Dopamine + Norepinephrine

Reckless, Susceptible to Boredom, Impulsive, Insecure, Unreflective, Opportunistic, Glib, Unpredictable.

4 Major Chemical Types: Disconnected

2. Serotonin

Stoic, Depressed, Fanatical, Stubborn,
Moralistic, Close-minded, Judgmental,
Militaristic, Punishing, “Strong Father” Model,
Obsessive/Compulsive

4 Major Chemical Types: Disconnected

3. Testosterone

Impatient, Uncompromising, Rageful,
Demanding, Unsympathetic, Aloof, Macho,
Tough-minded, Pushy, Overpowering,
Contemptuous, Intimidating.

4 Major Chemical Types: Disconnected

4. Estrogen + Oxytocin

Indecisive, Gullible, Hypersensitive,
Righteous, Justifying, Unforgiving, Vengeful,
Back-Stabbing, Hystrionic, Complaining,
Blaming, Escalating, Co-dependent,
Depleted.

Ten Core Beliefs for a Successful Happy Life -10

I can handle it!

(Remember: FEAR is only a symptom
of the belief *I cannot handle it.*)

When everything is said and done,
do you sincerely, authentically believe
that you can handle any life event
no matter that it is?